**Musical Moments for First Graders!**

Pick an activity at least once or twice a week to help keep musical moments in your routine! Have fun ☺

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| Blow a bubble and follow it with your voice. (When the bubble rises in the air, your voice should rise, too!)  | Try to find a fast song. Now, try to find a slow song. You can dance fast and slow along with your songs! | Sing the *Hello Song* to someone. Can you teach it to them? Now have a performance of the song!  | Practice keeping the steady beat along with any song.Try clapping your hands or stomping your feet to the beat! | Tell someone about an instrument you want to play and why!Draw a picture of the instrument. |
| Teach your family how to play Freeze Dance with your favorite song! | Sing *Bate, Bate* *Chocolate* as you wash your hands. | Call a friend and use only your singing voices to have a conversation! | Choose a song to listen to. Draw a picture while you listen. Can you describe your picture and song to someone? | Ask a family member to teach you a new song! Remember to sing using your very best voice. |